



4th Quarter Newsletter 2019

1. Information:

Hey Team! Our second project was linked to a *Downward Dog for Dogs (DDFD)* event held on the 30th November 2019 in association with *@michellejeannyoga*. The concept behind the idea is to create awareness about the work that *Change for the Better (CFTB) foundation* are involved in. Monetary contributions and material contributions (such as pet food, leads, harnesses, toys, food and water bowls, blankets, etc.) were accepted as your entrance fee on the day of the event.

Change for the Better foundation ultimately strives to improve the overall health, living conditions, and improved treatment of animals who are living on the streets, informal settlements, and various other communities. They aim to educate society on how to be responsible in treating an animal, implement programs for self-sustainability and teach pet-owners how to take better care of their

animals, to have respect for them and to love them. "Because every animal deserves to be loved".



Barnes Squared Team, along with your very generous donations, decided to contribute R500 to the Change for The Better foundation to assist with grounds rental, repairs and maintenance, etc. We donated an additional R500 worth of paw-some goodies for our furry friends. You can have a look at the images of the event in our gallery to check the items out! We believe the CFTB foundation

adds value to a really important and ever-growing need in South Africa. We'd love to encourage you to check out their website or visit their premises to get an idea of the hard work these incredible people do.



The day consisted of an hour-long yoga session for all levels of yoga enthusiasts or anyone who was keen to give it a try. Located on the rooftop of Harvest Café & Deli we enjoyed Cape Town's morning sun while we stretched and attempted our best versions of the yoga poses. A lovely way to start the morning. The highlight of the event was, of course, meeting and greeting the gorgeous pups which CFTB had up for adoption. The Barnes Squared Team had to practise a lot of self control to make sure no puppy-nappings took place! It was such a great morning getting out, enjoying the sunshine, and getting some free furry kisses. There will be more of these amazing events during the course of 2020, so keep an eye out on the socials.

Our newsletters are one of the ways we would like to keep you in touch with all the projects your donations have assisted with. We will keep them short and concise, and highlight how your donations are making a difference in the lives of others. Thank you for your recurring monthly donations, keep a look out on our Instagram and Facebook pages for other exciting projects you can get involved in.

If you have any comments or suggestions relating to the information provided in this quarterly newsletter feedback system please do not hesitate to send us an email: info@barnessquared.com